



FBC (Finest Basketball Club)

WELCOME PACKET

Spring/Summer 2025

Dear FBC Parent (and Player),

We are proud to welcome you, your daughter and your family to the **FBC Family** during her 2025 Spring/Summer basketball season from March to July (Sept 2025)!

[ABOUT US](#)

Finest Basketball Club (FBC) is an organization dedicated to the development of student athletes under the age of 19 for National and International basketball competition through a rigorous athletic training program. The student athletes in our organization receive the highest quality training, which allows them to compete on a premier level.

FBC players receive a commitment from the FBC organization to provide an environment in which the athlete learns tools for the use on the basketball court, in addition tools that help them with life experiences. The level of love and support amongst FBC players, parents, and coaches creates a great learning environment for the girls, families and staff.

Combined with First Step Basketball Academy (FSBA), we encourage all our student-athletes to take the first step by chasing their dreams with hard work and dedication as we equip them for the journey. Our goal is to produce fundamental sound athletes that play hard all the time, as we assist and serve as the main platform for recruiting some of the top prospects in the country.

The Finest Basketball Club's (FBC) mission is to become the most spirited and prestigious interscholastic youth basketball alliance in the world. Our Coaching staff works daily to enhance our approach to becoming the most competitive youth basketball environments ever produced. FBC encourages all our student-athletes to chase their dreams with hard work and dedication as we equip them for the journey.

Our goal is to produce fundamental sound athletes that play hard all the time, as we assist and serve as the main platform for recruiting some of the top prospects in the country. FBC's approach to this process includes concentrated, innovative skill development training of the mind, body, and soul of our athletes. Giving them the tools to understand that the best way to reach their final destination is through persistence, discipline, and commitment to the process.

For additional program history, alumni and successes, please visit our website at www.fbcstrong.com.
#fbcstrong

[FBC PROGRAM LEVELS: Exposure & Future Phenoms](#)

FBC consists of 20+ teams who compete at various levels, nationwide. With the **Exposure** Level of Play, teams (typically players Grades 8th – 11th) play and compete in tournaments and camp events which showcase their talents in front of National Evaluators and NCAA Colleges. With the **Future Phenoms** Level of Play, teams (typically players Grades 3rd – 7th) play and compete in tournaments which allow them to develop beyond the competitiveness of the game while learning more about the IQs of basketball.

[FBC COACHES](#)

As all of our Coaches are VOLUNTEERS, we believe it takes a community to develop an athlete and to raise a child. All our Coaches must pass a NCAA and USA Basketball Background check in order to coach with our program. All Coaches must adhere to the following criteria at all times:

- Represent the FBC program with class, professionalism and sportsmanship
- Positively promote the program to the parents, opposing coaches, players, and community with every opportunity
- Help the players be successful on and off the court
- Be mindful of all rules and curfews for the players
- Be attentive to the players at practice, tournaments, in traveling, and at hotels
- Win with class and lose with dignity

[FBC PARENT SUPPORT](#)

FBC takes pride in having a ‘family atmosphere’. As our family continues to grow, we need the support of parents to support any extra-curricular activity, which is an important part in the overall development of any child. If you are able to assist with practices, carpools, scorebooks or in any other manner, we welcome your assistance! The Coaches are always very accessible to players and parents. We ask that after a long weekend of tournament games; please give your Coach a 24-hour window before contacting them. **Mandatory: Please complete the Parent Code of Conduct form attached and submit it to the Club Coordinator.**

[FBC NATIONAL CLUB DIRECTOR & ADMIN CONTACT INFO](#)

Alfred Motton 678-698-9224 ammotton@gmail.com fbcmotton@gmail.com

Talandra Echols 678-522-0170 talandra@yahoo.com fbcmotton@gmail.com

[FBC - FAQs](#)

Question 1: What is EXPOSURE, AAU and YBOA? Exposure is the top competitive basketball tournaments played in front of NCAA college coaches. Players and Parents are evaluated at all times. Amateur Athletic Union (AAU) is a multi-sport organization, the AAU is dedicated exclusively to the promotion and development of amateur sports and physical fitness programs. Our AAU Club Code is **W35FW3**. YBOA is dedicated to educate and motivate each member while encouraging teamwork, sportsmanship and fun through the spirit of basketball.

Question 2: What is the expected commitment of this type of basketball program? The commitment can be a big one, but also one that can bring many rewards for your daughters. This is not a "recreational" or "church" ball. The commitment also varies from team to team as some teams play more competitive schedules than others. If your daughter plays on a high-level team a high level of commitment is required. The commitment also involves a commitment from the parents with regards to time and funding. Time because parents have to be committed to getting their daughters to practices and games, and funding because the FBC is an all-volunteer organization and teams have to be supported financially in order to compete. Practices could be around the corner or an hour's drive because much depends on availability facilities. Games/Tournaments are usually on the weekends. It is expected that a player will attend all the games and practices. The key always is to communicate with your daughter's coaches about her schedule so they can plan accordingly.

Question 3: What about playing time? The amount of playing time a player receives will be based on their skill set, determination to work hard, the opponents, attendance at practice, and each Coach's philosophy. There is no guarantee that everyone will play equally but we make an effort to get each player into each game.

Question 4: How many players are usually on each team? Team rosters are left to the discretion of each individual coach within the guidelines of the program. Most teams will have 10-12 players.

Question 5: Are teams organized by age group and how are ages determined and can my daughter play 'up'? Teams are primarily determined by SKILL level, rather than grade & age. FBC encourages younger players to develop themselves so they can play up at the next grade level. For competitiveness, the whole team may choose to play up at the next level in tournaments. This increased level of competition helps in preparation for highly competitive tournaments.

Question 6: What grade levels does FBC have teams? FBC has teams in grade levels from 3rd through 11th grade. Grades 8th – 11th typically play on a National Exposure Basketball Tournament Circuit throughout the United States.

Question 7: What is the role of a parent within the FBC organization? A FBC parent will be expected to be encouraging to their athlete, encouraging to their daughter's coach, non-confrontational to referees, and to work as a team with the other parents. It takes a lot of cooperation and goodwill to have a team run smoothly. There is a Code of Conduct for Parents and Players to sign in order to insure proper behavior.

Question 8: Who are the FBC coaches? All Volunteer Coaches have the ability to teach basketball at a highly competitive level and have the temperament to deal with referees, other coaches, parents and players. Our Head coaches have significant coaching experience and are masters in player development. All Coaches are certified via NCAA USA Basketball and completed a background check.

Question 9: Why So Many Trips / Tournaments? The reason for all the travel is for Exposure & Competition on a National Circuit. With the AAU Association-level tournaments and NCAA Certified tournaments, the players are participating in all the major tournaments that afford the best competition and exposure to high level competition and to the NCAA college coaches. The NCAA colleges can only watch during set times of the year (typically April, May & July). Tournaments and events outside this period are done to prepare the players and teams for those observation events. The process of exposure is critical for gaining a college scholarship. The more they can see and evaluate the player, the better opportunity to gain a scholarship. The competition enhances the player's ability through constant high-level challenges in basketball. All these events help the player improve.

Question 10: What is the FBC All-Access Fee? As part of the Welcome Step, FBC All-Access provides Players and Parents with a comprehensive suite of benefits, including scouting profiles, national media coverage, discounted gear, social media exposure, AAU membership, and more. These resources enhance visibility, recruitment opportunities, and overall development within the Finest Basketball Club community, ensuring players reach their full potential. The Spring/summer 2025 is \$140. This fee is NOT included in your FBC Team fee.

Question 11: What is the cost to play on a FBC team? Will there be fundraisers to offset the expenses of the travel organization season? Our fees vary from team to team based on the number of tournaments they schedule, gym fees, cost of team gear etc. FBC Individual Team Fees can range from \$650 - \$1450. FBC has fundraisers planned to help offset costs associated with joining the organization / team.

Additional Questions? Please contact your FBC Team Coach or Club Director.



Spring/Summer Season 2025

**MANDATORY ONLINE
REGISTRATION!**

Please visit www.FBCSTRONG.com – FBC Player Registration

The FBC (and Supreme) Player Registration process is to formally link players to their teams and list them on the rosters for basketball tournaments. This process ensures that organizers have necessary information about participants, facilitates communication, and helps in planning and organizing final rosters and other basketball activities effectively. Please adhere to the steps below to register. Each year you must "refresh your account". Your registration process must be completed by April 5, 2025. Thanks!

STEP 1: FBCSTRONG Welcome Registration & FBC All-Access (MANDATORY)

STEP 2: COMMUNICATION APPS

Connect with your Team's GroupMe or Band Application via Personal Cell Phone. (If you don't have an invite link, please ask your Coach or contact FBC Admin.)

STEP 3: NCAA ELIGIBILITY CENTER & BBCS REGISTRATION

To compete in NCAA sports, you need to register with the NCAA Eligibility Center. In order to compete on a Team roster during a live NCAA tournament, you must register with the NCAA Eligibility Center.

Returning Players: Each year you must 'refresh your account'. Please log into your existing account and update all tabs/information in your NCAA ELIGIBILITY ACCOUNT.

Forgot your login info? If you have questions about or need assistance logging into your NCAA Eligibility Center account, please contact NCAA Customer Service at 877-262-1492. IMPORTANT: DO NOT CREATE A 2nd ACCOUNT.

New Players: Visit the NCAA Eligibility Center website. Review the 3 account options. A few suggestions include for the most common options:

- **FREE PROFILE PAGE ACCOUNT:** Players in middle school or earlier; deciding which NCAA division is right for you, registering to play at an NCAA-certified basketball event, not interested in paying fee at this time.
- **ACADEMIC AND AMATEURISM CERTIFICATION ACCOUNT:** Players who will be future NCAA student-athletes/college-bound student-athletes; play at an NCAA Division I or II school, take an official campus visit. This account requires a one-time \$100 registration fee. Suggestion to set the paid account (or upgrade account from Free Profile) with your High School Basketball Coach.

After the account is set up, please proceed to complete the NCAA ELIGIBILITY CENTER registration.

WHAT HAPPENS NEXT? Confirm your Team Jersey number, notify your Coach that your NCAA BBCS REGISTRATION PROCESS is complete and ask to be added to the Team's NCAA Roster.



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Read and Sign Page! Please complete and turn in to FBC's Team Coordinator. Thanks!

PROGRAM: FBC _____

Player Name

PLAYER CODE OF CONDUCT

All FBC Players should:

1. Demonstrate a primary commitment to basketball during the AAU, YBOA, and Exposure Basketball season. Attend and enthusiastically participate in all practices.
2. Understand and accept their role on the team and be prepared to contribute when called upon.
3. Understand that playing time is determined by the Coaches based on a variety of factors and they should therefore not take it personally.
4. Be unselfish in their actions on and off the court by doing what is best for the team.
5. Demonstrate a positive attitude and support the team at all times.
6. Demonstrate a desire to continuously improve their skill level.
7. Respect and obey their parents, teachers and Coaches at all times. However, during the game, they must only take direction from the Coach and not be influenced by others.
8. Strive for excellence in everything they do on and off the court including academics.

FBC Player Signature _____ Date _____

PARENT CODE OF CONDUCT

All FBC Parents should:

1. Encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice or other youth sports event.
2. Support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all.
3. Remember that the game is for youth - not adults.
4. Ask my child to treat other players, coaches, fans and officials with respect regardless of race, sex, creed or ability.
5. Help my child enjoy the youth sports experience by doing whatever I can, such as being a respectful fan, assisting with coaching, or providing transportation.
6. Not be negative towards other players, parents and coaches etc.
7. Promise to make a commitment to volunteer and assist my system when asked, making time whenever I can.
8. Refrain from contacting the Coach with any frustrations within 24 hours of tournament games.

FBC Parent Signature _____ Date _____



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PROGRAM: FBC _____

FBC (Finest Basketball Club) Liability Waiver

I, the undersigned, as parent or legal guardian of _____ Class Of _____, give permission for my athlete to participate in the FBC (Finest Basketball Club) Program for the Spring/Summer 2025 Season, attend regular training and practice sessions and compete with the team throughout the season. I understand and hereby agree to assume all the risks which may be encountered on said activity, including activities preliminary and subsequent thereto. I do hereby agree to hold FBC (Finest Basketball Club) and its agents and employees, harmless from any and all liability, actions, causes of actions, claims, expenses and damages on account of injury to my child or property, even injury resulting in death, which I now have or which may arise in the future in connection with the activity or participation in any other associated activities. I expressly agree that this release, waiver, and indemnity agreement is intended to be broad and inclusive as permitted by the law of the United States and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. This release contains the entire agreement between the parties hereto and the terms of this release are contractual and not a mere recital. If my child has medical conditions which may be relevant, I have listed them below. In the event of an emergency, I hereby give permission to transport my student to a hospital for emergency medical or surgical treatment. I wish to be advised prior to any further treatment by the hospital or doctor. I further state that I have carefully read the foregoing release and know the contents thereof and I sign this release as my own free act. This is a legally binding agreement which I have read and understand.

Parent/Guardian Signature: _____ Date _____

Phone Number(s): _____ Email(s): _____

Medical Conditions: _____

INSURANCE POLICY INFORMATION Is the FBC participant covered by health insurance? YES NO

Policy Holders Name _____ Policy Holders Date of Birth _____
Address _____ Relation to Participant _____
City, State, Zip _____ Occupation _____
Employers Name _____ Employers Phone _____
Insurance Company Name _____ Insurance Company Phone _____
Member # _____ Group # _____

*FBC (Finest Basketball Club) does have Player Insurance with the Amateur Athletic Union of the United States, Inc. (AAU). In order to obtain supplemental insurance, each player must register for their AAU Membership for the current year 2025. Please visit <https://play.aausports.org> for more details. **FBC AAU Code: W3FY4E**



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PLAYER & PARENT AGREEMENT

I, the Parent of the Player listed below, gives FBC /Finest Girls Basketball and authorized Partners the permission to use my Player's name, likeness, image, voice, and/or appearance as such may be embodied in any pictures, photos, video recordings, audiotapes, digital images, and the like, taken or made on behalf of the FBC program and activities.

As the parent and/or legal guardian for the undersigned player, I have read the entire Welcome Packet; agree to pay the registration fees (in a supplemental document), adhere to the schedule and schedule revisions, and support the FBC program as outlined in this agreement.

FBC Parent Printed Name _____ Phone _____

FBC Parent Signature _____ Date _____

FBC Player Printed Name _____ Phone _____

FBC Player Signature _____ Date _____

QUICK CONTACT INFO:

Player Name: _____ Nickname: _____

Email: _____ Phone: _____

Social Media Handles: _____

School: _____ Grade:(2024-2024): ____ DOB: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Parent Name: _____ Phone: _____

Email Address: _____

DIRECT FEEDBACK (comments, suggestions etc.) for FBC Coordinators and Coaches:

We look forward to a wonderful 2025 with you & your family! Thank you ~ #FBCFamily #fbcstrong